YOUR GUIDE TO THE **Livesimply award**

Please use this simple template to make your action plan, return a completed copy to CAFOD and we will send you your *live*simply award registration certificate.

To apply for the award, your community should plan one main action – something which involves either a significant change or a lot of people - and at least two smaller actions under each of the three headings.

You can include activities which are already taking place and some that are new, or that aim to reach new people. There are more ideas and inspiration on cafod.org.uk/livesimply.

Use these questions to help you plan your activities:

* *Why* are you taking this action? Who will benefit and what difference will it make?
* *Who* will be involved in making it happen? Think beyond your core group.
* *How* will you show that you've succeeded? Electricity bills, photos, newspaper cuttings and liturgy sheets are some of the ways you can show what you have been doing.
* *When* will you do it by? Be realistic.
* *What* kind of action is it? Is this action reflection and worship; practical action or something which reaches out to involve others beyond the community? It could be all three, but make sure you have all three kinds of action reflected somewhere in your plan.

Please send us a copy of your plan to livesimplyaward@cafod.org.uk or CAFOD Campaigns team, Romero House, 55 Westminster Bridge Road, London SE1 7JB. We'll send you a certificate to display to show that your community is working towards the *live*simply award.

Actions to live simply

Main action: Emailing copies of newsletters instead of hundreds of paper copies in order to reduce the amount of paper wastage that we are using. This is already underway now as no paper goes home from school. We will have succeeded when no more paper copies of newsletters are being sent out and they are only available on the school website. This is a practical action that will help us to not only live simply but to also care for creation.

Other activities:

1. Have a weekly meat free day on the school menu – ideally this is already done on a Friday – where our menu shows that meat isn't used on a Friday within school.

2. Create an outdoor space for prayer and contemplation – providing a space for children to contemplate, reflect or to pray. This is already completed but will be used more widely once COVID regulations allow the whole school to access and share a space.

Actions to live sustainably with creation

Main action: Whole school to celebrate the feast of St Francis and reflect on creation on the 4th October or the nearest date possible if it falls on a weekend day – we will have a huge focus on celebrating creation and the work of St Francis. It is important that we, like him, see how valuable God's creation is and work hard at all times to protect it.

Other activities:

1. Hold a walk to school week where the children are encouraged and congratulated for walking to school each day of the week. This is already done every year through our A Stars programme where children are encouraged to walk to school for a week. This is monitored and children receive recognition of their efforts to protect the planet and cut emissions.

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2. Provide sufficient bike racks for the children to use to encourage those travelling in cars to come to school using an alternative method. This is already in place – with sufficient room for all children to safely leave a bike or scooter, in order to encourage them not to come to school by car.

Actions to live in solidarity with the poor

Main action: ==Set up a Mini Vinnies (SVP) group to represent the whole school. This is ongoing and will be set up and functioning by September 2021. The aim of this will be to help others both locally in our community and those in need further afield. We already support our local foodbank but wish to reach out to more people.==

Other activities:

1. ==Organise a bring and buy sale and any monetary contributions go to Bloxwich Food Bank – this will help those in need and allow Bloxwich food bank to buy the items that they require. This will be actioned once COVID restrictions allow but hopefully by Christmas 2021.==

2. Visit elderly or housebound people – while covid is underway – we have initially set up a penpal system in order to bring company to those who are lonely at Parklands Court care home. We used to visit the care home regularly before COVID to sing to the residents or take them flowers following our May procession.

3. Also to support a second hand school uniform exchange through church links- a uniform exchange is set up at St Peter's church and we will aim to promote it and support in any ways that we are able to.

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Name and diocese of parish / community: St Peter's Catholic Primary School Bloxwich, Birmingham diocese.

Signature of parish priest / headteacher: D. Beirne   Date: Tuesday 8th June 2021

Contact name: Ria Crowley

Contact address: St Peter's, Lichfield Road, Bloxwich, Walsall, West Midlands.

Postcode: WS3 3LY.

Contact email address: rcrowley@st-peters.walsall.sch.uk

☐   Yes, I would like to join an email list for *live*simply award contacts to share resources, questions and ideas.

☐   Yes, I'd like to receive campaigns news, action and updates from CAFOD by email.

I am applying on behalf of a:
☐   Parish
☒   School
☐   Other type of organisation: _____

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